EVERYONE WELCOME



LGBTTQ COMMUNITY RESOURCES AND SUPPORTS JUNE 2016



The two most-recognized international LGBTTQ symbols are the pink triangle and the rainbow flag. These two symbols have been adapted by the WSD into an inverted rainbow triangle and used divisionally in an approved "Everyone Welcome" poster for display in all schools in April 2016 to signify safe spaces.

The pink triangle was employed by the Nazis in World War II to identify homosexuals in concentration camps. The icon was reclaimed for the community as a symbol of empowerment and remembrance to those that suffered.

The rainbow flag was inspired by the Flag of the Races which had five stripes, each representing the colours of human kind. The six colours of the rainbow flag stand as a symbol of pride, diversity and unity of the LGBTTQ community: red for life, orange for healing, yellow for sun, green for nurture, blue for harmony and purple for spirit.

Anakhnu (Jewish GLBT Group)

T: (204) 477-7537

E: tbarr@radyjcc.com

A Rady Jewish community center sponsored group for gay/lesbian/bisexual/transgender individuals and their friends. This initiative is an opportunity for Jewish GLBT individuals, family and friends to share ideas in a welcoming and inclusive environment by encouraging individuality and Jewish identity. Anakhnu offers year round social and cultural programming.

Camp Aurora – <u>www.campaurora.ca</u>

A four day summer camp for queer and allied youth ages 14-19, supported by community leaders and the Rainbow Resource Center.

Dignity Winnipeg - www.dignitycanada.org

Augustine United Church, 444 River Avenue Meet the 3rd Friday of every month at 6;00 PM T: (204) 287-8583 or (204) 779-6446

Dignity Winnipeg works within the Catholic Church to promote the full personhood of those who belong to sexual minorities.

FTM Gender Alliance of Winnipeg

Group Room at Rainbow Resource Center (170 Scott Street, Winnipeg). Meet the 1st Tuesday of each month, 7:00 to 9:00 PM Peer support group for female to male individuals and open to the general public.

GDAAY Clinic - www.gdaay.ca

Health Sciences Center- Winnipeg, Pediatric Endocrinology, FE 307-685 William Avenue T: (204) 787-7435

Gender dysphoria assessment and action for youth under 18 (self- referral program). For Manitoba and area (north-western Ontario and Saskatchewan).

GSA Consultation

Rainbow Resource Center, 170 Scott Street, Winnipeg, MB T: (204) 474-0212

Klinic Community Health Center – www.klinic.mb.ca

870 Portage Avenue, Winnipeg, MB T: (204) 784-4090



LGBTTQ Youth Programs

Klinic Community Health Center

870 Portage Avenue, Winnipeg, MB T: (204) 784-4090

Ma Mawi Wi Chi Itata Centre - www.Mamawi.com

445 King Street, Winnipeg, MB T : (204) 925-0300

Men's Resource Centre - www.mens-resource-centre.ca

T: (204) 415-6797 or 1(855)-672-6727

Peer Project for youth (PPY) -

www.rainbowresourcecenter.org/youth For ages 13-21, a program of the Rainbow Resource Center 170 Scott Street, Winnipeg, MB T: (204) 474-0212

Parents, Friends and Family of Trans Individuals (PFFOTI)

Meet 2nd Tuesday of each month – September to June 3

E: pffoti@gmail.com

Social support group for parents, friends and family members of Trans individuals. Open to the general public.

Parents and friends of Lesbians and Gays (PFLAG)

Winnipeg Chapter, 170 Scott Street, Winnipeg, MB T: (204) 474-0212

PFLAG meets at the RRC on an as needed basis.

Rainbow Ministry

1622B St. Mary's Road, Winnipeg, MB T: (204) 962-1060

E: rainbow@wpgpres.ca

An outreach ministry of the United Church working solely for and with the LGBTTQ community in Winnipeg and surrounding areas. The ministry focuses on issues of faith, sexuality, gender expression, recognizing the hurt that has been done to the LGBTTQ community historically from faith communities. The ministry is available for one on one conversations and workshops around bible interpretation and new possibilities that enable the LGBTTQ community to be affirmed.

Rainbow Resource Center –

www.rainbowresourcecentre.org

170 Scott Street, Winnipeg, MB

A community center and resource center for the gay, lesbian, transgender, two-spirit, queer and ally communities within Winnipeg, throughout Manitoba and north-western Ontario. The centre provides counselling, anti-homophobia education and training, and youth programming and services. The center also provides meeting spaces for community groups, peer support groups and offers community programming at free/ low cost.

Sexuality Education Resource Centre (SERC) Manitoba – www.serc.mb.ca/lgbt

200-226 Osborne St. North, Winnipeg, MB R3C 1V4 T: (204) 982-7800

SERC – MB provides inclusive, non-judgmental education about sexuality. SERC –MB is a community-based, non-profit, pro-choice organization dedicated to promoting sexual health through education.

Trans Health Clinic: At Klinic Community Health Center

870 Portage Avenue, Winnipeg, MB T: (204) 784- 4090

Two Spirited People of Manitoba Inc. (Winnipeg) – www.twospiritmanitoba.ca

To improve the quality of life of Two Spirit people in Manitoba, which includes raising funds for and assisting in providing appropriate advocacy, education, health services, housing, employment, training and cultural development.

Winnipeg Transgender Support Group -

http://winnipegtransgendergroup.com

3rd Friday of each month, year round, 7:30 to 10:00 PM Rainbow Resource Center, 170 Scott St., Winnipeg, MB T: (204) 474-0212

Informal gatherings intended to offer an opportunity to meet and discuss with others who understand what it means to be transgender, share information and experiences and to learn from and support each other. The group is an opportunity for people to present in their preferred gender in a safe and affirming place, open to the general public.

Y.E.A.H. (Youth Educating against Homophobia) – www.rainbowresourcecenter.org

Rainbow Resources Centre, 170 Scott Street, Winnipeg, MB

T: (204) 474-0212

Y.E.A.H. is a youth education program that is designed to offer awareness on the impacts of homophobic bullying based on sexual orientation, gender identity, gender expression and those perceived as gay, lesbian, bisexual, transgender or two spirit. These workshops identify homophobia, biphobia and transphobia while examining the roots of oppression and discrimination. They also provide an opportunity to ask questions anonymously and come together to discover ways to combat homophobia in their school/ community.



MANITOBA CRISIS SERVICE RESPONSE:

Canadian Mental Health Association - Manitoba Division

2633 Portage Avenue, Winnipeg, MB R3J 0P7

T: (204) 953-2350

E: info@cmhamanitoba.ca

Canadian Mental Health Association - Winnipeg Division

- 930 Portage Avenue, Winnipeg, MB R3J 0P7 T: (204) 982-6100
- E: office@cmhawpg.mb.ca

MANITOBA CRISIS SERVICES (24- HOUR INTAKE)

Adult Crisis Unit - (204) 940-1781

Klinic Community Health Centre

Klinic Crisis Line - (204) 786- 8686/ 1(888) 322-3019

Klinic Sexual assault crisis line – (204) 786-8621/ 1(888) 292-7565

Klinic Youth Mobile Crisis Unit - (204) 949-4777

Manitoba's Domestic Violence Information/ Crisis Line – 1(877)977-0007

List of services: www.manitoba.ca/fs/fvpp/resources

Manitoba Suicide Line - 1(877)453-7170 / 1(877)-help170

Kids Help Phone (national line available to MB youth) – 1(800)668-6868

The Community Supports list has been adapted from:

Government of Manitoba and Egale Canada (2013). Safe and Caring Schools – A resource for Equity and Inclusion in Manitoba Schools, www. MYGSA.ca/ resources. Retrieved from: <u>http://www.edu.gov.mb.ca/k12/</u> <u>safe_schools/mygsa/lgbtq_resources.pdf</u>